



FEBRUARY 2, 2019

JAYCEE PARK, CAPE CORAL, FLORIDA

7:30-8:30 AM • ACTIVE.COM

Fees: \$25 for Pre-Registered adults

\$30 Race Day registration

(Make checks payable to NMSI)

Proceeds go to benefit clean water projects in Kenya

**Return fee with entry form to The Run Shoppe
or sign up at nmsi.org/runningwater5k**

Packet pick-up Friday, February 1st from 10-4

at The Run Shoppe

1407 Cape Coral Pkwy E, 33904

Overall Award Categories and 3 Deep in age groups

Timing by 3D Racing & The Run Shoppe

First Name: _____ **Last Name:** _____

Date of Birth: _____ **Age on Race Day:** _____ **Sex:** M F

Address: _____ **City:** _____

State: _____ **Zip:** _____

T-Shirt Size (circle 1) Adult: Small Medium Large X-Large

In consideration of participating in a 5K as part of the Running Water 5K, I hereby, for myself, my heir executors and assigns do waive, release, and hold New Mission Systems International (NMSI), and Running Water 5K harmless from all claims or causes of action for damages suffered by me while participating in any activities, whether known or unknown. I understand that I am assuming the risk for any damages to my property which I sustain while participating in the 5K run as part of the Running Water 5K. Further, I acknowledge that NMSI will not be responsible for any liability arising from any actions or workers compensation benefits for myself, as I am not an employee of NMSI, if I should suffer any injury or illness. NMSI honors preference of gifts solicited and, in accordance with IRS regulations, retains discretion and control over their use.

Signature of Athlete or Parent/Guardian

Date