

Event Chairperson



Stacey Brill, M.S. CCC-SLP

Stacey is a Speech Pathologist who helps Head & Neck cancer patients re-learn how to swallow after they have had treatment. She noticed that many of her patients were unable to afford the co-pays and had difficulty paying for other costs associated with the cancer treatments. She decided to start Head & Neck Cancer, A Hard Thing to Swallow to help these patients.

Stacey is also a believer in preventing Head & Neck Cancer or at least catching it early via screening examinations. She therefore started an annual screening event, free to the public, for this purpose.

21st Century C.A.R.E. is a 501(c)(3) non-profit organization based in Fort Myers and dedicated to cancer patients. We provide financial assistance to cancer patients in need, sponsor educational programs for cancer patients, physicians and other health care practitioners, hold support groups and conduct cancer screening programs.

Head & Neck cancer is a group of cancers affecting the lip, mouth, nose, sinuses and throat.

Head & Neck cancer is diagnosed in more than 50,000 people in the U.S. yearly.

Head & Neck cancer is preventable.

Head & Neck cancer is treatable.

Thank you to our sponsors!



**4th Annual 5K run
& 2 Mile Walk**

**Saturday
April 30, 2016**

**Century Link Sports Complex
at
Hammond Stadium**

To benefit Head & Neck cancer patients
and people in need of Head & Neck
cancer screening



A Foundation for Cancer Assistance, Research & Education

*Fighting cancer together with
21st Century Oncology, one patient at a time*

Proceeds

All money raised at the event will be used locally by 21st Century C.A.R.E. in Southwest Florida to provide financial assistance to Head & Neck cancer patients in need and to provide Head & Neck cancer screenings.

Fundraising

Fundraising is encouraged! Start a team, register as an individual, or donate to an individual or a team at: www.21stCenturyCare.org

Other Information

No alcohol, pets, or motorized/electric vehicles are allowed in the stadium. Participants must abide by all stadium rules and regulations. Hot and humid conditions may exist; please drink plenty of fluids before, during and after the walk/run. Continental breakfast and refreshments will be available. There is no charge for parking for participants during the event.

Gift Bags

The first 100 registered participants will receive a gift bag with t-shirt and gifts.

Race Packet Pick-up

The Run Shoppe
1407 Cape Coral Pkwy E,
Cape Coral, FL 33904
(239) 540-9529
Friday, April 29, 2016
11:00 am—6:00 pm

Race packets may also be picked up the day of the event.

Race & Walk Information

Location

Century Link Sports Complex at Hammond Stadium located at 14100 Ben C Pratt Six Mile Cypress Pkwy.

Event Schedule

7:00 am Registration opens
8:00 am 5K timed run and 2-mile walk starts
Refreshments, awards and chance drawing to follow

Entry Fee

Pre-registration via mail postmarked by April 11 and online through April 15:

Adult	\$25
Youth (17 & under)	\$15
Children under 5	no fee

Late registration (after April 15 and day of the event):

Adult	\$30
Youth (17 & under)	\$20
Children under 5	no fee

Entry fees are non-refundable, non-transferrable and are not tax deductible.

Awards

Awards will be provided to the top male and female finisher overall, and in each category below:

Masters: 40 and above
Grandmasters: 50 and above
Senior Grandmasters: 60 and above

The first 3 male and female finishers in the 5K timed run in each of the age categories below will receive a medal:

11 and under	12-15	16-19	20-24	25-29	
30-34	35-39	40-44	45-49	50-54	55-59
60-64	65-69	70-74	75 and older		

For more information:

www.21stCenturyCare.org or (239) 938-9301

Registration Form Head & Neck Cancer A Hard Thing to Swallow 5K Run & Walk

Please complete and mail with check made out to
21st Century C.A.R.E..
4571 Colonial Blvd, Ste. 100
Fort Myers, FL 33966
or provide credit card information below
or register on-line at www.21stCenturyCare.org

Name: _____

Email: _____

Phone: _____

Address: _____

City/State/Zip: _____

Date of birth: _____

Male Female Head & Neck cancer survivor

T-shirt size adult: S M L XL XXL

T-shirt size youth: S M L

Payment method: Check enclosed Credit card

Credit card number: _____

Exp date: _____ Security code: _____

WAIVER & RELEASE: MUST BE READ AND SIGNED WITH ENTRY

I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with participating in this event including, but not limited to falls, contact with other participants, the effects of weather, including extreme cold or heat, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I for myself and anyone entitled to act on my behalf, waive and release Lee County Parks and Recreation, City of Fort Myers, Lee County Board of County Commissioners, 21st Century CARE, and any and all persons, sponsors and entities, their representatives and successors from all claims or liabilities of any kind arising out of my participation even though said liability may arise out of negligence or carelessness on the part of the persons named in this waiver I grant permission for all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. Parents must sign if participant is under 18 years of age. This is to certify that my child has permission to compete in this event, is in good physical condition and that event officials may authorize necessary emergency treatment.